Health Questionnaire

English version for the UK
EQ-5D-Y

Describing your health TODAY

Under each heading, please tick the ONE box that best describes your health TODAY.

Mobility (walking about)
- I have no problems walking about ☐
- I have some problems walking about ☐
- I have a lot of problems walking about ☐

Looking after myself
- I have no problems washing or dressing myself ☐
- I have some problems washing or dressing myself ☐
- I have a lot of problems washing or dressing myself ☐

Doing usual activities (for example, going to school, hobbies, sports, playing, doing things with family or friends)
- I have no problems doing my usual activities ☐
- I have some problems doing my usual activities ☐
- I have a lot of problems doing my usual activities ☐

Having pain or discomfort
- I have no pain or discomfort ☐
- I have some pain or discomfort ☐
- I have a lot of pain or discomfort ☐

Feeling worried, sad or unhappy
- I am not worried, sad or unhappy ☐
- I am a bit worried, sad or unhappy ☐
- I am very worried, sad or unhappy ☐
How good is your health TODAY

- We would like to know how good or bad your health is TODAY.
- This line is numbered from 0 to 100.
- 100 means the best health you can imagine. 0 means the worst health you can imagine.
- Please mark an X on the line that shows how good or bad your health is TODAY.