EQ-5D IS A FAMILY OF INSTRUMENTS TO DESCRIBE AND VALUE HEALTH

30⁺years

EQ-5D has been used in **clinical trials**, **population studies**, and **real-world settings** for over 30 years. EQ-5D is **recommended for use** by many Health Technology Assessment bodies.

The findings are used to **help inform decision making** by healthcare authorities, providers, and organisations.



This scale is numbered from 0 to 100. 100 means the best heath you can image Mark an X on the -

Under each heading, please tick the ONE tox that best desdfbes you'
MOBILITY
I have no problems in waiking about
I have sight problems in waiking about
I have servere problems in waiking about
I am unable to waik about
SELF-CARE
I have no problems washing or dressing myself
I have moderate problems washing or dressing myself
I have servere problems washing or d

ter eschles been dang my usual activities beens dang my usual activities beens dang my usual activities e problems dang my usual activities do my usual activities **WFORT** or discontfort up or discontfort be pain or discontfort

Available in over 200 languages*

EQ-5D is available in electronic and paper formats.

There are different types: self-complete, interviewer, and proxy.



Respondents rate their health TODAY on each dimension. On the **EQ-5D-3L** and **EQ-5D-Y**, each dimension has 3 levels of severity, and the **EQ-5D-5L** has 5 levels. There is also a visual analogue scale, which is used as a quantitative measure of overall health status.

> The best health you can imaging

YOUTH EQ-5D-Y

dimensions

- Mobility
- 2 Self-care
- Osual activities
- 4 Pain/discomfort
- 6 Anxiety/depression

Extensive research has shown EQ-5D to be valid, reliable, and responsive.



EQ-5D is **short** and **easy** to complete.

EQ-5D has been used in a **wide range** of conditions and populations.

EuroQol

- Is the single **organisation** that manages the distribution and licensing of the EQ-5D.
- Consists of a **large global network** of experts who are committed to ongoing research.
- Provides EQ-5D for **free to non-commercial organisations**, after they register to use it (commercial users are charged a fee).
- Foundation is a **non-profit-making** organisation that invests all income into EQ-5D research, education, and user support.



www.euroqol.org

*Currently 117 unique countries, 98 unique languages, and 209 country-language combinations.