# EQ-5D IS A FAMILY OF INSTRUMENTS TO DESCRIBE AND VALUE HEALTH
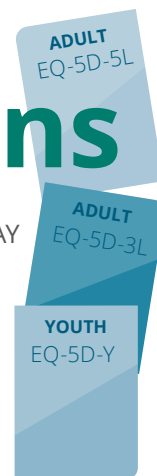
## 30+ years

EQ-5D has been used in **clinical trials**, **population studies**, and **real-world settings** for over 30 years. EQ-5D is **recommended for use** by many Health Technology Assessment bodies.

The findings are used to **help inform decision making** by healthcare authorities, providers, and organisations.

## 3 versions

**ADULT**
EQ-5D-5L

**ADULT**
EQ-5D-3L

**YOUTH**
EQ-5D-Y

**Respondents rate their health** TODAY on each dimension. On the **EQ-5D-3L** and **EQ-5D-Y**, each dimension has 3 levels of severity, and the **EQ-5D-5L** has 5 levels. There is also a visual analogue scale, which is used as a quantitative measure of overall health status.

## 5 dimensions

1. Mobility
2. Self-care
3. Usual activities
4. Pain/discomfort
5. Anxiety/depression

Extensive research has shown EQ-5D to be **valid**, **reliable**, and **responsive**.

EQ-5D is **short** and **easy** to complete.

EQ-5D has been used in a **wide range** of conditions and populations.

## Available in over 200 languages*

EQ-5D is available in **electronic** and **paper** formats.

There are different types: **self-complete**, **interviewer**, and **proxy**.

## EuroQol

- Is the single **organisation** that manages the distribution and licensing of the EQ-5D.
- Consists of a **large global network** of experts who are committed to ongoing research.
- Provides EQ-5D for **free to non-commercial organisations**, after they register to use it (commercial users are charged a fee).
- Foundation is a **non-profit-making** organisation that invests all income into EQ-5D research, education, and user support.

**EQ-5D**

**www.euroqol.org**

*Currently 117 unique countries, 98 unique languages, and 209 country-language combinations.