



# EQ-5D-Y-5L

**Health Questionnaire**

**English version for the UK**

SAMPLE

Under each heading, please choose the ONE answer that best describes your health TODAY.

**MOBILITY** *(walking about)*

- I have no problems walking about
- I have a little bit of a problem walking about
- I have some problems walking about
- I have a lot of problems walking about
- I cannot walk about

**LOOKING AFTER MYSELF**

- I have no problems washing or dressing myself
- I have a little bit of a problem washing or dressing myself
- I have some problems washing or dressing myself
- I have a lot of problems washing or dressing myself
- I cannot wash or dress myself

**DOING USUAL ACTIVITIES** *(for example, going to school, hobbies, sports, playing, doing things with family or friends)*

- I have no problems doing my usual activities
- I have a little bit of a problem doing my usual activities
- I have some problems doing my usual activities
- I have a lot of problems doing my usual activities
- I cannot do my usual activities

**HAVING PAIN OR DISCOMFORT**

- I have no pain or discomfort
- I have a little bit of pain or discomfort
- I have some pain or discomfort
- I have a lot of pain or discomfort
- I have extreme pain or discomfort

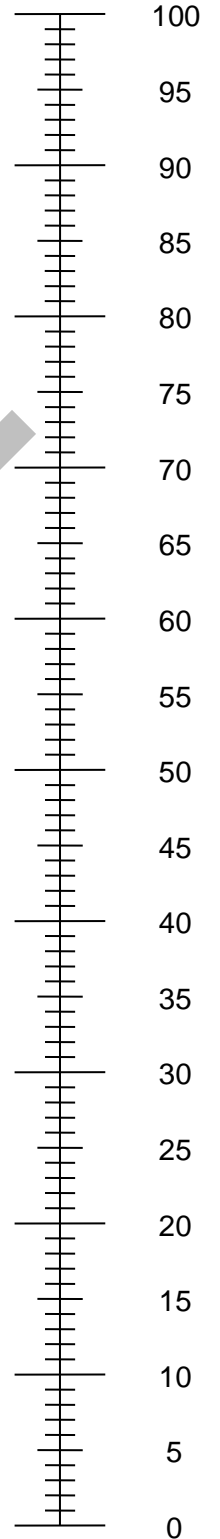
**FEELING WORRIED, SAD OR UNHAPPY**

- I am not worried, sad or unhappy
- I am a little bit worried, sad or unhappy
- I am quite worried, sad or unhappy
- I am really worried, sad or unhappy
- I am extremely worried, sad or unhappy

- We would like to know how good or bad your health is TODAY.
- This line is numbered from 0 to 100.
- 100 means the best health you can imagine.  
0 means the worst health you can imagine.
- Please mark an X on the line to show how your health is TODAY.
- Now, write the number you marked on the line in the box below.

YOUR HEALTH TODAY =

The best health  
you can imagine



The worst health  
you can imagine